

SUNDAY JULY 12, 2009 Tri-Family Racing and the town of Chino Valley present's

The Town of Chino Valley Adult & Youth & Relay Sprint Triathlon & Duathlon

TRI: Adults: 300 yd. heated pool Swim , 15 mi Bike, 3 mi Run; Youth: 150 yd. Swim, 4 mi Bike; 1/2 mi Run

DU: Adults: 1/2 mi. Run, 15 mi. bike, 3 mi. Run - (NO YOUTH DUATHLON)

"Escape the Summer HEAT, come to this beautiful country setting just 8 miles north of Prescott"

Chino Valley is 65 miles north of Phoenix with temperatures 15 degrees cooler than Phoenix!

🚲 **WHERE:** Chino Valley Aquatic center, 1615 N. Rd. 1 East, Chino Valley AZ (Southeast corner of Perkinsville rd. & Road 1 East) for more town, aquatic center, or driving information see: www.chinoaz.net/

🚲 **WHEN:** (Youth swim begins at 6:30/7 am), Adult swim starts after conclusion of Youth triathlon approx. 7:30 am. ALL TRI-ENTRANTS MUST HAVE THEIR BIKES IN THE TRANSITION AREA **NO LATER THAN 6:30AM**

🚲 **AWARDS:** Five deep in all age & team categories. All children receive a ribbon regardless of finish.

🚲 **REGISTRATION:** Registration packets and late registration will be available at Landis Cyclery, Saturday July 11th, 10417 North Scottsdale Rd. (Southeast corner of Scottsdale rd. & Shea Blvd.) Scottsdale, AZ (480-948-9280) **11 am - 5 pm.** All entrants MUST sign a LIABILITY WAIVER at packet pick up (ID required). Packet pick-up is on Saturday and is **HIGHLY recommended**, if not, packet pick up on race day closes at **6:30 am at race site.** Parent signature required if participant is under the age of 18 yrs old. **HELMETS ARE REQUIRED!**

FEES: Individual TRI OR DU: \$69 postmarked before July 1stth \$80 thereafter.

RELAY TEAMS: TRI ONLY \$135 postmarked before July 1st^h \$150 thereafter. (No Children's or Du Teams)

Youth Race TRI ONLY: \$45 postmarked before July 1st; \$50 thereafter

RACE DAY ENTRIES ADD ADDITIONAL \$5 TO LATE FEE! REG. IS LIMITED TO 400 ENTRANTS!

🚲 **DIVISIONS:** Children's Race Age divisions: 7-8, 9-10, 11-12, 13-14 yrs old (TRI ONLY)

🚲 (Individual Male and Female) 15-19, 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70+, **Athena** - Females 150+ lbs --- **Clydesdale** - Males - 200+ lbs, **Relay divisions:** Coed, All Female, All Male.

🚲 **SPONSORS:** Town of Chino Valley, Landis Cyclery, Adobe Images, Carlos O'Briens, M & J Trophies, Trisports.com. Hammer Gel, Adobe Graphics, Sprout's, Starbucks Coffee, Tri-Family Racing, & Ski Pro: Over \$750 in merchandise,

MAIL ENTRY FORMS & CHECKS TO: Tri-Family Racing, PO Box 86867, Phoenix, AZ, 85080-6867

"Make checks payable to Tri-Family Racing" Or register online at www.Active.com.

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LAST NAME

FIRST NAME

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MAILING ADDRESS - INCLUDE APT NUMBER

Athena (Women > 150 lbs) Clydesdale Men >200



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300 yd Adult Swim time (not needed for Youth)

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| Minutes | | | Check Triathlon | | | Check Duathlon | | |
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For More Information
E-mail trifamilyracing.com

RELAY TEAM INFORMATION ONLY BELOW THIS LINE:

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TRI RELAY TEAM NAME

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SWIMMER: LAST NAME

FIRST NAME

Shirt Size

Sex

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BIKER: LAST NAME

FIRST NAME

Shirt Size

Sex

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RUNNER: LAST NAME

FIRST NAME

Shirt Size

Sex