

# "Life Without Pain"

## 5K Fun Run/Walk

Focus on Life not Pain

8:00 a.m., Saturday, September 13, 2008

Thunderbird Paseo Park, 59<sup>th</sup> Ave. and Thunderbird Rd.

**Quest to Cure Sickle Cell Foundation** is a non-profit organization formed in 2003 by a single mother of five; in which two of them, a set of identical twins suffer from the most severe form of sickle cell disease. Sickle Cell Disease is a genetic blood disorder that causes severe pain and life threatening symptoms. It is one of the first molecular diseases founded in 1910 yet least recognized. Over 100,000 individuals are affected with 1 in every 600 being African American and 1 in every 1000 being Hispanic, Greek, Italian, or East Asian among others. Quest to Cure is an organization dedicated to helping children with sickle cell disease focus on life not pain. Since inception, Quest to Cure has conducted 2 successful Summer Camps serving over 100 children.

The "**Life WITHOUT Pain 5K Run/Walk Event**" is one of the three annual events to raise funds to serve these children. All Proceeds go toward keeping our programs 100% free for our families. Your participation assures these children the opportunity to "**Focus on Life not Pain,**" because "**It shouldn't hurt to be a child**".

When: Saturday, September 13, 2008 @ 8 AM  
Where: Thunderbird Paseo Park  
Parking available at 59th Avenue just south of Thunderbird Road  
Registration: Begins at 7:00 am  
Start/Finish: Thunderbird Paseo Park (59<sup>th</sup> Ave. south of Thunderbird Road)  
Awards: 5K Run - Top 3 Male and Female finisher in 5 year age group

### Entry Fees:

**\*\$20.00 Registration fee prior to August 13, 2008**

**\$25.00 Registration fee from August 14, 2008 through day of registration**

(\*shirts guaranteed for all pre-registrations only.)

**Send entries to:** "Quest to Cure"  
c/o ELF Promotions  
PO Box 37516  
Phoenix, AZ 85069

Make checks payable: **Quest to Cure Sickle Cell Foundation**

You may register on-line at [www.active.com](http://www.active.com) or to download an application go to [www.elfpromotions.com](http://www.elfpromotions.com).

For questions regarding the event contact Laura Fisher, Event Director at 602-399-2740



\$20.00 Registration fee prior to August 13, 2008 \_\_\_\_\_ 5K Run \_\_\_\_\_ 5K Walk  
\$25.00 Registration fee August 14, 2008 through day of registration

\*T-shirts size: (Please circle one) Small Medium Large X-Large XX-Large

Name \_\_\_\_\_ Address \_\_\_\_\_ E-mail \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_ Male \_\_\_ Female \_\_\_ Age at time of the race \_\_\_\_\_

Waiver: In consideration of accepting this entry, I, the undersigned, intending to be legally bound hereby, for myself and my heirs, executors, and administrators waive and release any and all rights and claims for damage I may have against the ELF Promotion Company, Arizona Running Event Coordinators, known as ARC, City of Glendale, Quest to Cure Sickle Cell Foundation, and USAT & F, or anyone associated with this event, their representatives, successors, and assigns for any and all injuries suffered by me in said event. I will additionally permit the free use of my name and pictures in broadcasts, telecasts, newspapers, etc.

Signature \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_  
(PARENT OR GUARDIAN IF UNDER 18 YEARS OF AGE)